

Paasmeeting GZVN: Session: 1: COACH evaluation sheet for TEAM: ZDKB

Coachinfo: Warming up from: 07:30 untill 08:25. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Maris Tine HEADCOACH

Coaches: Derison Noor

Coaches: Meertens Lara

PB => Personal Best time SB => Seasons Best time: Season starting point: first of September.

Event number: 3: 50M BUTTERFLY MEN 11+		Heat:2, starttime: 09:01
Heat: 2/11 Lane : 4 Athlete: KRYLOV ALEXANDER		Q-time: 99:99:99
PB (50m pool): no time		PB (25m pool): no time SB: no time
PB	5 0 M	
	no time	
	no time	
		

Coach feedback:

Event number: 3: 50M BUTTERFLY MEN 11+		Heat:7, starttime: 09:07
Heat: 7/11 Lane : 6 Athlete: SWENDROWSKI MILAN		Q-time: 00:35:51
PB (50m pool): 00:35.51 SportinGenk Park 21/04/2025		PB (25m pool): 00:32.46 SB: no time
PB	5 0 M	
	00:35.51	
	00:35.51	
		

Coach feedback:

Event number: 3: 50M BUTTERFLY MEN 11+		Heat:8, starttime: 09:08
Heat: 8/11 Lane : 5 Athlete: PROSMANS Gé		Q-time: 00:32:31
PB (50m pool): 00:32.31 Antwerpen 13/07/2025		PB (25m pool): 00:31.39 SB: no time
PB	5 0 M	
	00:32.31	
	00:32.31	
		

Coach feedback:

Paasmeeting GZVN: Session: 1: COACH evaluation sheet for TEAM: ZDKB

Event number: 3: 50M BUTTERFLY MEN 11+						Heat:9, starttime: 09:09	
Heat: 9/11 Lane : 1 Athlete: MOERMANS TIJMEN					Q-time: 00:31:21		
PB (50m pool): 00:31.21 Genk 01/02/2026				PB (25m pool): 00:29.80 SB: 00:31.21 Genk 01/02/2026			
	5 0 M						
PB	00:31.21						
	00:31.21						
							

Coach feedback:

Event number: 3: 50M BUTTERFLY MEN 11+						Heat:9, starttime: 09:09	
Heat: 9/11 Lane : 2 Athlete: JANS SEN						Q-time: 00:31:06	
PB (50m pool): 00:31.06 Antwerpen 15/03/2026						PB (25m pool): 00:31.52 SB: 00:31.06 Antwerpen 15/03/2026	
	5 0 M						
PB	00:31.06						
	00:31.06						
							

Coach feedback:

Event number: 3: 50M BUTTERFLY MEN 11+						Heat:10, starttime: 09:10	
Heat: 10/11 Lane : 1 Athlete: REPRIELS ARTHUR						Q-time: 00:30:43	
PB (50m pool): 00:37.69 Mol 23/06/2024						PB (25m pool): 00:30.43 SB: no time	
	5 0 M						
PB	00:37.69						
	00:37.69						
							

Coach feedback:

Event number: 3: 50M BUTTERFLY MEN 11+						Heat:10, starttime: 09:10					
Heat: 10/11 Lane : 2 Athlete: SWENNEN LARS						Q-time: 00:30:06					
PB (50m pool): 00:30.06 Genk 01/02/2026						PB (25m pool): 00:29.13 SB: 00:30.06 Genk 01/02/2026					
	5 0 M										
PB	00:30.06										
	00:30.06										
											

Coach feedback:

Paasmeeting GZVN: Session: 1: COACH evaluation sheet for TEAM: ZDKB

Event number: 3: 50M BUTTERFLY MEN 11+										Heat:11, starttime: 09:11																				
Heat: 11/11 Lane : 5 Athlete: SIMONS VIC																				Q-time: 00:28:04										
PB (50m pool): 00:28.04 Antwerpen 27/07/2025										PB (25m pool): 00:27.30 SB: 00:28.59 Genk 01/02/2026																				
	5 0 M																													
PB	00:28.04																													
	00:28.04																													
																														

Coach feedback:

Event number: 4: 50M BUTTERFLY WOMEN 11+							Heat:4, starttime: 09:17		
Heat: 4/12 Lane : 2 Athlete: LAPIERRE EMMA							Q-time: 00:47:47		
PB (50m pool): 00:47.47 Genk 01/02/2026							PB (25m pool): 00:51.65 SB: 00:47.47 Genk 01/02/2026		
	5 0 M								
PB	00:47.47								
	00:47.47								
									

Coach feedback:

Event number: 4: 50M BUTTERFLY WOMEN 11+					Heat:5, starttime: 09:18	
Heat: 5/12 Lane : 1 Athlete: WOLFS LOLA					Q-time: 00:42:97	
PB (50m pool): 00:42.97 Mol 22/06/2025					PB (25m pool): 00:40.35 SB: no time	
	5 0 M					
PB	00:42.97					
	00:42.97					
						

Coach feedback:

Event number: 4: 50M BUTTERFLY WOMEN 11+						Heat:6, starttime: 09:20	
Heat: 6/12 Lane : 7 Athlete: VANBEKBERGEN CHARLOTTE						Q-time: 00:40:51	
PB (50m pool): 00:40.51 Antwerp 02/02/2025						PB (25m pool): 00:39.75 SB: no time	
	5 0 M						
PB	00:40.51						
	00:40.51						
							

Coach feedback:

Paasmeeting GZVN: Session: 1: COACH evaluation sheet for TEAM: ZDKB

Event number: 4: 50M BUTTERFLY WOMEN 11+										Heat:8, starttime: 09:22																					
Heat: 8/12 Lane : 3 Athlete: VANHAEREN RENÉE																				Q-time: 00:35:55											
PB (50m pool): 00:35.55 Antwerpen 15/03/2026										PB (25m pool): 00:35.61 SB: 00:35.55 Antwerpen 15/03/2026																					
		5 0 M																													
PB		00:35.55																													
		00:35.55																													
																															

Coach feedback:

Event number: 4: 50M BUTTERFLY WOMEN 11+										Heat:8, starttime: 09:22																					
Heat: 8/12 Lane : 4 Athlete: COEMANS HANNE																				Q-time: 00:35:29											
PB (50m pool): 00:35.29 Antwerpen 15/03/2026										PB (25m pool): 00:35.51 SB: 00:35.29 Antwerpen 15/03/2026																					
		5 0 M																													
PB		00:35.29																													
		00:35.29																													
																															

Coach feedback:

Event number: 4: 50M BUTTERFLY WOMEN 11+										Heat:8, starttime: 09:22																													
Heat: 8/12																				Lane : 5					Athlete: COEMANS KAAT										Q-time: 00:35:36				
PB (50m pool): 00:35.36										Antwerpen 15/03/2026										PB (25m pool): 00:35.29										SB: 00:35.36					Antwerpen 15/03/2026				
		5 0 M																																					
PB		00:35.36																																					
		00:35.36																																					
																																							

Coach feedback:

Event number: 4: 50M BUTTERFLY WOMEN 11+										Heat:9, starttime: 09:23																													
Heat: 9/12																				Lane : 7					Athlete: MÉLARD LEVI										Q-time: 00:34:81				
PB (50m pool): 00:34.81										Antwerpen 15/03/2026										PB (25m pool): 00:34.96										SB: 00:34.81					Antwerpen 15/03/2026				
	5 0 M																																						
PB	00:34.81																																						
	00:34.81																																						
																																							

Coach feedback:

Paasmeeting GZVN: Session: 1: COACH evaluation sheet for TEAM: ZDKB

Event number: 4: 50M BUTTERFLY WOMEN 11+										Heat:11, starttime: 09:25																													
Heat: 11/12																				Lane : 3					Athlete: ROOX AMÉLIE										Q-time: 00:31:96				
PB (50m pool): 00:31.96										Genk 01/02/2026					PB (25m pool): 00:30.72										SB: 00:31.96					Genk 01/02/2026									
		5 0 M																																					
PB		00:31.96																																					
		00:31.96																																					
																																							

Coach feedback:

Event number: 4: 50M BUTTERFLY WOMEN 11+										Heat:11, starttime: 09:25																				
Heat: 11/12 Lane : 7 Athlete: LIESENS MIET																				Q-time: 00:32:21										
PB (50m pool): 00:32.21 Antwerpen 13/07/2025										PB (25m pool): 00:33.35 SB: 00:32.49 Antwerpen 15/03/2026																				
	5 0 M																													
PB	00:32.21																													
	00:32.21																													
																														

Coach feedback:

Event number: 4: 50M BUTTERFLY WOMEN 11+										Heat:12, starttime: 09:26																				
Heat: 12/12 Lane : 7 Athlete: MULLENS JULE																				Q-time: 00:30:35										
PB (50m pool): 00:30.35 Antwerpen 15/03/2026										PB (25m pool): 00:30.52 SB: 00:30.35 Antwerpen 15/03/2026																				
	5 0 M																													
PB	00:30.35																													
	00:30.35																													
																														

Coach feedback:

Event number: 5: 100M BUTTERFLY MEN 11+			Heat:3, starttime: 09:33		
Heat: 3/6 Lane : 5 Athlete: SWENNEN JARNE			Q-time: 01:27:30		
PB (50m pool): no time			PB (25m pool): 01:27.30 SB: no time		
	5 0 M	1 0 0 M			
PB	no time	no time			
	no time				
					

Coach feedback:

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Event number: 5: 100M BUTTERFLY MEN 11+			Heat:4, starttime: 09:35
Heat: 4/6 Lane : 4 Athlete: SMITS PIETER			Q-time: 01:12:42
PB (50m pool): no time			PB (25m pool): 01:12.42 SB: no time
	5 0 M	1 0 0 M	
PB	no time	no time	
	no time		
			

Coach feedback:

Event number: 5: 100M BUTTERFLY MEN 11+			Heat:5, starttime: 09:36
Heat: 5/6 Lane : 8 Athlete: THEUWIS TIJL			Q-time: 01:12:05
PB (50m pool): 01:12.05 Antwerp 02/02/2025			PB (25m pool): 01:06.50 SB: no time
	5 0 M	1 0 0 M	
PB	00:33.37	01:12.05	
	00:33.37	00:38.68	
			

Coach feedback:

Event number: 8: 50M BACKSTROKE MEN 11+			Heat:1, starttime: 10:02
Heat: 1/7 Lane : 5 Athlete: KRYLOV ALEXANDER			Q-time: 99:99:99
PB (50m pool): no time			PB (25m pool): 00:44.20 SB: no time
	5 0 M		
PB	no time		
	no time		
			

Coach feedback:

Event number: 8: 50M BACKSTROKE MEN 11+			Heat:4, starttime: 10:08
Heat: 4/7 Lane : 5 Athlete: THEUWIS TIJL			Q-time: 00:36:09
PB (50m pool): 00:36.09 SportinGenk Park 21/04/2025			PB (25m pool): 00:34.38 SB: no time
	5 0 M		
PB	00:36.09		
	00:36.09		
			

Coach feedback:

Paasmeeting GZVN: Session: 1: COACH evaluation sheet for TEAM: ZDKB

Event number: 8: 50M BACKSTROKE MEN 11+			Heat:4, starttime: 10:08		
Heat: 4/7 Lane : 6 Athlete: JANS SEN			Q-time: 00:37:89		
PB (50m pool): 00:37.89 SportinGenk Park 21/04/2025			PB (25m pool): 00:34.03 SB: no time		
	5 0 M				
PB	00:37.89				
	00:37.89				
					

Coach feedback:

Event number: 8: 50M BACKSTROKE MEN 11+			Heat:5, starttime: 10:09		
Heat: 5/7 Lane : 5 Athlete: SWENDROWSKI MILAN			Q-time: 00:34:27		
PB (50m pool): no time			PB (25m pool): 00:34.27 SB: no time		
	5 0 M				
PB	no time				
	no time				
					

Coach feedback:

Event number: 8: 50M BACKSTROKE MEN 11+			Heat:5, starttime: 10:09		
Heat: 5/7 Lane : 7 Athlete: PROSMANS Gé			Q-time: 00:35:11		
PB (50m pool): 00:35.11 Genk 01/02/2026			PB (25m pool): 00:34.31 SB: 00:35.11 Genk 01/02/2026		
	5 0 M				
PB	00:35.11				
	00:35.11				
					

Coach feedback:

Event number: 8: 50M BACKSTROKE MEN 11+			Heat:6, starttime: 10:11		
Heat: 6/7 Lane : 1 Athlete: MOERMANS TIJMEN			Q-time: 00:33:86		
PB (50m pool): 00:40.39 Antwerpen 16/07/2023			PB (25m pool): 00:33.86 SB: no time		
	5 0 M				
PB	00:40.39				
	00:40.39				
					

Coach feedback:

Paasmeeting GZVN: Session: 1: COACH evaluation sheet for TEAM: ZDKB

Event number: 8: 50M BACKSTROKE MEN 11+							Heat:6, starttime: 10:11		
Heat: 6/7 Lane : 8 Athlete: SWENNEN LARS							Q-time: 00:34:06		
PB (50m pool): 00:40.64 Genk 10/04/2023							PB (25m pool): 00:34.06 SB: no time		
	5 0 M								
PB	00:40.64								
	00:40.64								
									

Coach feedback:

Event number: 9: 50M BACKSTROKE WOMEN 11+										Heat:2, starttime: 10:16																				
Heat: 2/8 Lane : 1 Athlete: WOLFS LOLA																				Q-time: 00:51:27										
PB (50m pool): 00:48.67 SportinGenk Park 01/04/2024																				PB (25m pool): 00:42.64 SB: no time										
	5 0 M																													
PB	00:48.67																													
	00:48.67																													
																														

Coach feedback:

Event number: 9: 50M BACKSTROKE WOMEN 11+										Heat:5, starttime: 10:21																				
Heat: 5/8 Lane : 1 Athlete: COEMANS KAAT																				Q-time: 00:40:29										
PB (50m pool): 00:40.29 SportinGenk Park 21/04/2025																				PB (25m pool): 00:38.42 SB: no time										
	5 0 M																													
PB	00:40.29																													
	00:40.29																													
																														

Coach feedback:

Event number: 9: 50M BACKSTROKE WOMEN 11+							Heat:5, starttime: 10:21		
Heat: 5/8 Lane : 6 Athlete: COEMANS HANNE							Q-time: 00:39:61		
PB (50m pool): 00:39.61 SportinGenk Park 21/04/2025							PB (25m pool): 00:36.84 SB: no time		
	5 0 M								
PB	00:39.61								
	00:39.61								
									

Coach feedback:

Paasmeeting GZVN: Session: 1: COACH evaluation sheet for TEAM: ZDKB

Event number: 9: 50M BACKSTROKE WOMEN 11+						Heat:6, starttime: 10:23	
Heat: 6/8 Lane : 7 Athlete: LIESENS MIET						Q-time: 00:37:57	
PB (50m pool): 00:37.57 Antwerpen 13/07/2025						PB (25m pool): 00:36.90 SB: no time	
	5 0 M						
PB	00:37.57						
	00:37.57						
							

Coach feedback:

Event number: 9: 50M BACKSTROKE WOMEN 11+										Heat:6, starttime: 10:23																				
Heat: 6/8 Lane : 8 Athlete: MÉLARD LEVI																				Q-time: 00:38:20										
PB (50m pool): 00:38.20 Genk 01/02/2026										PB (25m pool): 00:37.51 SB: 00:38.20 Genk 01/02/2026																				
	5 0 M																													
PB	00:38.20																													
	00:38.20																													
																														

Coach feedback:

Event number: 9: 50M BACKSTROKE WOMEN 11+						Heat:7, starttime: 10:25	
Heat: 7/8 Lane : 1 Athlete: MULLENS JULE						Q-time: 00:35:50	
PB (50m pool): 00:35.50 Mol 22/06/2025						PB (25m pool): 00:34.08 SB: no time	
	5 0 M						
PB	00:35.50						
	00:35.50						
							

Coach feedback:

Event number: 10: 100M BACKSTROKE MEN 11+			Heat:8, starttime: 10:56		
Heat: 8/10 Lane : 7 Athlete: SWENNEN JARNE			Q-time: 01:16:60		
PB (50m pool): 01:16.60 Antwerpen 15/03/2026			PB (25m pool): 01:15.42 SB: 01:16.60 Antwerpen 15/03/2026		
	5 0 M	1 0 0 M			
PB	00:37.91	01:16.60			
	00:37.91	00:38.69			
					

Coach feedback:

Paasmeeting GZVN: Session: 1: COACH evaluation sheet for TEAM: ZDKB

Event number: 10: 100M BACKSTROKE MEN 11+			Heat:9, starttime: 10:59
Heat: 9/10 Lane : 2 Athlete: REPRIELS ARTHUR			Q-time: 01:11:15
PB (50m pool): 01:11.15 Antwerpen 15/03/2026			PB (25m pool): 01:06.97 SB: 01:11.15 Antwerpen 15/03/2026
	5 0 M	1 0 0 M	
PB	00:34.17	01:11.15	
	00:34.17	00:36.98	
			

Coach feedback:

Event number: 10: 100M BACKSTROKE MEN 11+			Heat:9, starttime: 10:59
Heat: 9/10 Lane : 6 Athlete: SMITS PIETER			Q-time: 01:11:11
PB (50m pool): 01:16.24 Eindhoven 18/02/2024			PB (25m pool): 01:11.11 SB: no time
	5 0 M	1 0 0 M	
PB	no time	01:16.24	
	no time		
			

Coach feedback:

Event number: 10: 100M BACKSTROKE MEN 11+			Heat:10, starttime: 11:01
Heat: 10/10 Lane : 6 Athlete: SIMONS VIC			Q-time: 01:05:58
PB (50m pool): 01:05.58 Genk 01/02/2026			PB (25m pool): 01:02.93 SB: 01:05.58 Genk 01/02/2026
	5 0 M	1 0 0 M	
PB	00:31.57	01:05.58	
	00:31.57	00:34.01	
			

Coach feedback:

Event number: 11: 100M BACKSTROKE WOMEN 11+			Heat:3, starttime: 11:08
Heat: 3/10 Lane : 1 Athlete: LAPIERRE EMMA			Q-time: 01:38:70
PB (50m pool): 01:38.70 Genk 01/02/2026			PB (25m pool): 01:32.64 SB: 01:38.70 Genk 01/02/2026
	5 0 M	1 0 0 M	
PB	00:48.86	01:38.70	
	00:48.86	00:49.84	
			

Coach feedback:

Paasmeeting GZVN: Session: 1: COACH evaluation sheet for TEAM: ZDKB

Event number: 11: 100M BACKSTROKE WOMEN 11+			Heat:4, starttime: 11:11
Heat: 4/10 Lane : 8 Athlete: VANBEKBERGEN CHARLOTTE			Q-time: 01:29:92
PB (50m pool): 01:29.92 Antwerp 02/02/2025			PB (25m pool): 01:29.24 SB: 01:30.96 Genk 01/02/2026
	5 0 M	1 0 0 M	
PB	00:45.01	01:29.92	
	00:45.01	00:44.91	
			

Coach feedback:

Event number: 11: 100M BACKSTROKE WOMEN 11+			Heat:5, starttime: 11:14
Heat: 5/10 Lane : 2 Athlete: VANHAEREN RENÉE			Q-time: 01:23:98
PB (50m pool): 01:23.98 Antwerpen 15/03/2026			PB (25m pool): 01:20.50 SB: 01:23.98 Antwerpen 15/03/2026
	5 0 M	1 0 0 M	
PB	00:41.40	01:23.98	
	00:41.40	00:42.58	
			

Coach feedback:

Event number: 11: 100M BACKSTROKE WOMEN 11+			Heat:10, starttime: 11:25
Heat: 10/10 Lane : 6 Athlete: ROOX AMÉLIE			Q-time: 01:10:54
PB (50m pool): 01:09.87 Antwerpen 21/04/2024			PB (25m pool): 01:07.47 SB: 01:10.07 Antwerpen 22/03/2026
	5 0 M	1 0 0 M	
PB	no time	01:09.87	
	no time		
			

Coach feedback: